



PACKS & BAGGAGE

- ☐ Expedition Duffel Bag 140L
- ☐ Day Trekking Backpack w/ rain cover

ESSENTIAL PERSONAL GEAR

- ☐ -4F \ -20C Sleeping Bag *
- ☐ Inflating Sleeping Pad
- ☐ Inflatable Camp Pillow **
- ☐ Foam Mattress*

OTHER PERSONAL GEAR

- ☐ Dry Bags
- ☐ Polarized Sunglasses
- ☐ Personal First Aid Kit
- ☐ Power Bank
- ☐ Chargers/Phone Cable
- ☐ Personal snacks

TOILETRIES

- ☐ Toothbrush, Toothpaste
- ☐ Sun Cream (50 spf+)
- ☐ Spf Lip Balm
- ☐ Biodegradable Soap
- ☐ Deodorant
- ☐ Wet wipes
- ☐ Travel Towel

BOOTS & FOOTWEAR

- ☐ Trekking Boots
- ☐ Alpine Boots (B1/B2) **
- ☐ Camp Shoes
- ☐ Sandals/Tevas/Keens

CLOTHING LAYER SYSTEMS

- ☐ 1 Rain Shell Pants **
- ☐ 1 Down Pants *
- ☐ 1 Synthetic Multisport Pants
- ☐ 1-2 Trekking Pants
- ☐ 1 Pair of Shorts
- ☐ 1 Fleece
- ☐ 3 Trekking Shirts
- ☐ 1 Base Layer Top
- ☐ 1 Base Layer Bottoms
- ☐ 1 Mid weight Down Jacket
- ☐ 1 Rab Neutrino Pro Jacket
- ☐ 1 Summit Parka
- ☐ 1 Hard Shell/Rain Jacket
- ☐ 1 Gloves Light Weight
- ☐ 1 Gloves Mid Weight
- ☐ 1 Sun Hat and Beanie
- ☐ 1 Buff and Bandana
- ☐ 5 Merino Trekking Socks
- ☐ 5 Underwear / Bras
- ☐ 1 Swimsuit

SPECIALTY EQUIPMENT

- ☐ Trekking Poles
- ☐ 2 Headlamp + extra battery
- ☐ Grayl Filter Bottle
- ☐ Nalgene Bottle
- ☐ Water Bottle Parkas (fully insulated w/ zip opening).
- ☐ Pee Bottle (clearly labeled) *
- ☐ Thermos *
- ☐ Gaiters *
- ☐ Expedition Mittens *
- ☐ Light Weight Gloves *
- ☐ Summit Socks
- ☐ Heavy weight Gortex Gloves w/ fingers
- ☐ 1 Slings 120cm or safety cord
- ☐ 3 Locking Carabiners
- ☐ Belay Device (ATC climbing device).
- ☐ Helmet *
- ☐ Crampons *
- ☐ General Mountaineering Ice Ax *
- ☐ Harness *
- ☐ Glacier Glasses
- ☐ Ski Goggles *

* Items can be rented
** Optional

CHILE | OJOS DEL SALADO