



PACKS & BAGGAGE

- ☐ Expedition Duffel Bag
- ☐ Day Trekking Backpack with rain cover

ESSENTIAL PERSONAL GEAR

- ☐ 0F \ -17C Sleeping Bag
- ☐ Inflatable Camp Pillow

SPECIALTY EQUIPMENT

- ☐ Headlamp
- ☐ Grayl Filter Bottle
- ☐ 1L Nalgene bottle *

BOOTS & FOOTWEAR

- ☐ Waterproof winter boots
- ☐ Trail runners/sneakers

* Optional

OTHER PERSONAL GEAR

- ☐ Sunglasses
- ☐ Personal First Aid Kit
- ☐ Power Bank *
- ☐ Chargers/Phone Cable
- ☐ Snacks

TOILETRIES

- ☐ Toothbrush, Toothpaste
- ☐ Sun Cream (50 spf+)
- ☐ Spf Lip Balm
- ☐ Biodegradable Soap
- ☐ Deodorant
- ☐ Wet wipes
- ☐ Travel Towel

CLOTHING LAYER SYSTEMS

- ☐ Clothes for the city
- ☐ Down or Synthetic Down Jacket
- ☐ Hard Shell/Rain Jacket
- ☐ Waterproof Pants *
- ☐ 2-3 Hiking T-shirt
- ☐ 1 Normal Pants for Travel
- ☐ 1 Heavyweight / Winter Pants
- ☐ 3-4 Merino Trekking Socks
- ☐ 1 Heavyweight Base Layer Bottom
- ☐ 1 Base layer Top
- ☐ Hat for sun protection
- ☐ Beanie
- ☐ Buff and Bandana
- ☐ Gloves Light Weight
- ☐ Heavy Weight Winter Gloves
- ☐ Fleece
- ☐ Heavy Weight Winter Parka

Note: Spring time temperatures in Western Mongolia can vary a lot, but generally expect it to be cold during the day and at night. We suggest that you bring extra layers, proper gloves, and a warm winter parka so that you can battle the elements in comfort.

SPRING FESTIVALS IN MONGOLIA