



## PACKS & BAGGAGE

- Expedition Duffel Bag
- Day Hiking Backpack with rain cover

## ESSENTIAL PERSONAL GEAR

- 0F \ -17C Sleeping Bag
- Inflating Sleeping Pad
- Inflatable Camp Pillow

## SPECIALTY EQUIPMENT

- Trekking Poles (optional)
- Microspikes
- Headlamp
- Grayl Filter Bottle
- Gaiters (optional)
- Spare Water Bottle

## BOOTS & FOOTWEAR

- Hiking Boots
- Sandals/Tevas/Keens

## OTHER PERSONAL GEAR

- Dry Bags
- Polarized Sunglasses
- Personal First Aid Kit
- Power Bank
- Snacks

## TOILETRIES

- Toothbrush, Toothpaste
- Sun Cream (50 spf+)
- Biodegradable Soap
- Deodorant
- Wet wipes
- Fast Microfiber Towel

## CLOTHING LAYER SYSTEMS

- Hard Shell/Rain Jacket
- Fleece
- Base Layer Top
- Base Layer Bottoms
- Sun Hat
- Beanie
- Buff and Bandana
- Gloves Mid Weight
- Hiking Shirts
- Hiking Pants
- Merinos Trekking Socks
- Underwear / Bras
- Down Jacket