



PACKS & BAGGAGE

- Expedition Duffel Bag
- Day Trekking Backpack
- 50 Liter Climbing Pack

BOOTS & FOOTWEAR

- Trekking Boots
- Camp Shoes
- Sandals/Tevas/Keens

ESSENTIAL PERSONAL GEAR

- 0F\ -17C Sleeping Bag
- Inflating Sleeping Pad
- Inflatable Camp Pillow
- Closed Cell Foam Pad

OTHER PERSONAL GEAR

- Dry Bags
- Polarized Sunglasses
- Personal First Aid Kit
- Power Bank
- Strong spoon/spork
- Lightweight plastic bowl
- 2 x 1L Nalgene bottles
- 750ml/1L Thermos (optional)

MOUNTAINEERING EQUIPMENT

- Crampons
- 6000/8000 meter boots
- Mountaineering Ice Axe
- Alpine Harness
- Helmet
- Gaiters
- 3 x screwgate Carabiner
- 1 x snaplink carabiner
- Figure 8 / Belay Device
- Tape Slings 2 x Syneema sewn slings (60-100cm)
- A 4-meter section of 9mm dynamic rope - for making a Cow's Tail

TOILETRIES

- Toothbrush, Toothpaste
- Sun Cream (50 spf+)
- Spf Lip Balm
- Biodegradable Soap
- Personal First Aid Kit
- Deodorant
- Wet wipes
- Fast Drying Towel

CLOTHING LAYER SYSTEMS

- Rain Shell Pants
- Hard Shell/Rain Jacket
- Fleece
- Base Layer Top
- Base Layer Bottoms
- Sun Hat and Beanie
- Buff and Bandana
- Trekking Shirts
- Trekking Pants
- Synthetic Multisport Pants
- Merinos Trekking Socks
- Mid weight Down Jacket
- Down Pants
- Heavy Weight Down Jacket
- Down Suit (optional)
- Mountaineering Mitts
- Light Gloves
- Insulated Gloves
- Snow Goggles (Optional)
- Face mask / Balaclava